



**LETOURNEAU  
UNIVERSITY**

**Clinical Mental Health Counseling Program**

**School of Psychology and Counseling**

**Report 2021-2022**

# Clinical Mental Health Counseling Program

The MA Clinical Mental Health Counseling (CMHC) degree follows the 2016 CACREP standards. This report outlines key data from 2021-2022 academic year (Fall, Spring, and Summer semesters).

## Faculty Data

Two new full time faculty members were hired for Fall 2021 as core faculty to teach the Clinical Mental Health Counseling courses. Dr. Deborah Bannan and Dr. Aimee Hicks joined the Department of Counseling in July 2021. Dr. Hicks served as the Director of Clinical Training (DOTC) for the Fall semester and Dr. Bannan served as DOTC during the Spring and Summer. Currently, the program includes three full-time Core Faculty members.

## CACREP

In May 2022, we had our CACREP virtual site visit. We were greatly disappointed not to receive CACREP accreditation. Based on the site team's review, the primary concerns are:

1. Lack of Core Faculty teaching in the MA Clinical Mental Health Counseling.
2. Need to develop a clear professional counselor identity such as establishing a Department of Counseling to illustrate that we are a separate identity and profession from psychology.
3. Help students identify as professional counselors and not students of psychology.
4. Curriculum tends to emphasize family systems rather than mental health counseling.
5. Further develop an assessment plan of the overall CMHC program.
6. Illustrate a continuous effort in recruiting, hiring, and retaining a diverse faculty.

Current students, alumni, prospective students, and other stakeholders were notified of the decision. A Teams meeting was held with current students to discuss the outcome and what Core Faculty are doing to move forward in reapplying. Time was given for Q&A.

## Professional Counselor Identity

Core Faculty reviewed ways in which to strengthen professional identity. We added virtual preview events to help prospective students learn more about our program and professional identity as counselors. For current students, we are in the process of developing a Graduate Counseling Student club to help them with professional development. Ideally, this club will eventually be student-led with a core faculty mentor.

## Curriculum

The Core Faculty continue to review the curriculum, specifically to be more intentional about textbooks and articles related to diverse populations. Core Faculty discussed COUN 5023 Counseling Skills and Techniques as a hybrid course requiring a 2-3 day intensive at the main campus. The rationale was to have students on campus prior to COUN 5593 Applied Lab, Ethics, and Treatment Planning to provide direct interaction and observation of clinical skills.

Core Faculty will continue to review and discuss the current specialty courses and will determine which courses, if any, need to be removed or reallocated, and to determine if new courses need to be created to align with the Clinical Mental Health Counseling specialty.

### Student Data

Enrollment: Fall: 111; Spring Enrollment: 102; Summer Enrollment: 99

Completion: Fall: 18; Spring: 6; Summer: 7

NCE Pass Rate: Of the 6 who graduated in the Fall, 5 took the NCE and 100% passed.

Employment: The 5 who passed the NCE have secured employment as LPC-Associates

### Program Activities and Objectives

Below is information regarding the overall program.

- The Clinical Mental Health Counseling program hired two new core faculty members for Fall 2021.
- Core Faculty delivered four scholarly presentations through local and regional counseling organizations.
- One Core Faculty member presented at TCA November 2021 annual conference.
- Some faculty members engaged in clinical service providing about 300 clinical hours of counseling.
- Five graduates took the NCE in Spring 2022 and 100% passed on the first attempt.

**Program Objectives and Student Learning Outcomes** are evaluated at the end of each academic year. The university requires each academic area to provide an Institutional Effectiveness (IE) report. This report provides the program outcomes, course alignment, measurement tool, data collection process, target level of performance, results and modifications. This data is discussed with the graduate Core Faculty and the Dean.

The students in the M.A. CMHC program took COUN 5043 Psychopathology, COUN 5023 Counseling Skills and Techniques, COUN 5383 Family Assessment, COUN 5083, and/or COUN 5033. The SLOs were met for each of these courses.

### Program Objectives and Key Performance Indicators

Additionally, the Core Faculty collects and analyzes data related to program objectives and key performance indicators. The data is reviewed by the faculty.

Program Objectives	Core Area	KPI	Course/Instrument	Target Outcome	Results
Explain and implement ethical decision making skills	Professional Orientation	2.F.1.i. Application of Ethical and Legal Considerations in Counseling	COUN 5033 Professional Orientation and Ethical Standards: Case Study Assignment	80% meet or exceed the requirement of 80% or above	Fall: 94% of students met or exceeded the requirements of 80% or above Spring: 95% of students met or exceeded the requirements

					of 80% or above Summer: 93% of students met or exceeded the requirements of 80% or above
Demonstrate knowledge and skills of culturally, developmentally, and ethically sensitive counseling	Social and Cultural Diversity	2.F.2.c. Understand and Apply Multicultural Counseling Competencies	COUN 5093 Counseling Diverse Populations: Final Role Play	80% meet or exceed the requirement of 80% or above	Fall: 94% of students met or exceeded the requirement of 80% or above Spring: 89% of students met or exceeded the requirement of 80% or above
Understand the interpersonal aspects of theodicy, the dynamics of spiritual direction, and means by which to address spirituality in counseling	Social and Cultural Diversity	2.F.2.g. Recognize and Evaluate the Impact of Spiritual Beliefs on Clients' and Counselors' worldview.	COUN 5093 Counseling Diverse Populations: Philosophy of Counseling Paper	80% meet or exceed the requirement of 80% or above	Fall: 87% of students met or exceeded the requirement of 80% or above. Spring: 92% of students met or exceeded the requirement of 80% or above.
Demonstrate knowledge and skills of culturally, developmentally, and ethically sensitive counseling	Human Growth and Development	2.F.3.a. Demonstrate Theories of Individual and Family Development Across the Lifespan	COUN 5073 Lifespan Human Development: Application Paper	80% meet or exceed the requirement of 80% or above	Fall: 80% of students met or exceeded the requirement of 80% or above. Spring: 93% of students met or exceeded the requirement. Summer: 91% of students met or exceeded the requirement of 80% or above.
Acquire and apply counseling skills, clinical assessment,	Career Development	2.F.4.i. Utilize Assessment Tools and Techniques Relevant to Career	COUN 5223 Career Counseling and Lifestyle Development: Career	80% meet or exceed the requirement	Fall: 93% of students met or exceeded the

testing, and intervention in counseling cases		Planning and Decision Making	Counseling Assessment Paper	of 80% or above	requirement of 80% or above. Spring: 97% of students met or exceeded the requirement of 80% or above Summer: 93% of students met or exceeded the requirement
Analyze and apply theories and skills related to individual, couples, and group counseling	Group Counseling and Group Work	2.F.6.g. Understand and Implement Ethical and Culturally Relevant Strategies for Designing and Facilitating Groups	COUN 5203 Group Counseling: Process Group Assignment	80% meet or exceed the requirement of 80% or above	Fall: 98% of students met or exceeded the requirement of 80% or above Spring: 99% met or exceeded the requirement
Develop and describe a philosophy of counseling and professional identity	Counseling and Helping Relationships	2.F.5.f. Develop Professional Counselor Characteristics and Behaviors	COUN 5023 Counseling Skills and Techniques: Final Role Play  COUN 5033 Professional Orientation and Ethical Standards: Philosophy of Counseling	80% meet or exceed the requirement of 80% or above	Fall: 91% met or exceeded the requirement of 80% or above Spring: 92% of students met or exceeded the requirement  Fall: 87% met or exceeded the requirement Spring: 93% of students met or exceeded the requirement Summer: 90% met or exceeded the requirement
Acquire and apply counseling skills, clinical assessment, testing, and intervention in counseling cases	Assessment and Testing	2.F.7.1. Understand the Use of Assessment Results to Diagnose Developmental, Behavioral, and Mental Disorders	COUN 5133 Psychological Testing: Test Administration and Report	80% meet or exceed the requirement of 80% or above	Spring: 88% of students met or exceeded the requirement of 80% or above. Summer: 91% met or

					exceeded the requirement
Explain research methodologies and program evaluation and its application to individual, couple, and family counseling	Research and Program Evaluation	2.F.8.f. Understand Qualitative, Quantitative, and Mixed Research Methods	COUN 5053 Research Methods: Research Proposal	80% meet or exceed the requirement of 80% or above	Fall: 83% met or exceeded the requirements Spring: 94% met or exceeded the requirement
Demonstrate an understanding of contemporary issues, which include but not limited to gender, sexual orientation, addiction, and violence in treatment of individuals, couples, and families	Clinical Mental Health Counseling Specialty	5.C.1.c. Principles, Models, and Documentation Formats of Biopsychosocial Case Conceptualization and Treatment Planning	COUN 5583 Addictions Counseling: Treatment Plan  COUN 5091 Couples Therapy and Assessment: Role Play	80% meet or exceed the requirement of 80% or above	Spring: 94% of students met or exceeded the requirement Summer: 93% met or exceeded the requirement  Fall: 95% of students met or exceeded the requirement
Acquire and apply counseling skills, clinical assessment, testing, and intervention in counseling cases	Clinical Mental Health Counseling Specialty	5.C.3.a. Demonstrate Ability to Implement Intake Interview including Mental Status Exam, Biopsychosocial History, and Assessment for Treatment Planning	COUN 5113 Human Sexuality and Sex Therapy: Final Treatment Project	80% meet or exceed the requirement of 80% or above	Fall: 93% met or exceeded the requirement  Spring: 100% met or exceeded the requirement

## Program Evaluation and Planned Improvements

Core Faculty reviewed the overall program including student body, employment, and receiving licensure

### Student Demographics MA Clinical Mental Health Counseling

Fall 2021, we had 111 students enrolled; Spring 2021, we had 102 students enrolled, and Summer 2021 had 99 students enrolled. 85% of students are female, and 15% are male.

The below chart illustrates the ethnicity of the students:

Ethnicity	2021-2022
American Indian/Alaskan Native	2%
Asian	1%
Black/African American	28%
Hispanic	7%

Two or More Races	10%
Unknown/Not Reported	0
White	52%
Total	100%

Based on the data, the Core Faculty recognizes the low enrollment of male students and will work on strategies to increase male student enrollment.

Strategic Goal: Core Faculty will coordinate with marketing to address enrollment of male students.

Core Faculty

In reviewing the above data, the Core Faculty also recognizes that it does not represent the student body regarding ethnicity. We are diverse in faith and clinical backgrounds. Two new full time Core Faculty were hired in July 2021. Of the interviews, one was an African American male, one was a Caucasian male, one was Native American female, and one was Caucasian female. Of the candidates, the two males declined further interviews as they did not want to relocate to East Texas.

Strategic Goal: Core Faculty will expand its diversity to better represent the student body by working with Marketing and HR regarding diversity and advertising.

2021-2022 Matriculates

Major	Title	Fall 2021	Spring 2022	Summer 2022
CMHC	MA Clinical Mental Health Counseling	18	6	7

Completions

Major	Title	Fall 2021	Spring 2022	Summer 2023
CMHC	MA Clinical Mental Health Counseling	6	6	9

Job Placement

About 93% of our students work at least part time. Students work in a variety of settings including schools, nonprofit agencies, insurance companies, and mental health- related field.

NCE

Of the 6 Fall graduates, five took the NCE and passed on the first attempt. All five stated they will continue at their internship site once they are officially LPC-Associates.

## Alumni

Strategic Goal: Faculty will develop new processes to promote alumni surveys for data collection. Faculty will re-evaluate the current survey and make any revisions or recommendations and present to stakeholders.

## Employers/Supervisors

Strategic Goal: Faculty will re-evaluate processes to survey site supervisors and employers for better return of surveys.

## **Additional Information**

### **CECE**

Each semester students take the CECE as a practice exam during COUN 5593 Applied Lab, Ethics, and Treatment Planning. This test covers the eight common core areas of counseling.

For 2021-2022, the average was 64 with the highest score being 94 and the lowest being 49.

Students whose score are below 60 will retake the test before enrolling in COUN 6023 Counseling Internship I. Students will work with Core Faculty to develop study strategies to prepare for the practice exam.

### **Fall 2021 CECE**

Student	Human Dev	Soc Cul	Help Rel	Group	Career	Appraisal	Research	Ethics	Total
1	6	7	3	10	9	8	5	8	56
2	6	13	12	10	8	5	8	4	66
3	9	10	5	9	7	5	7	8	60
4	7	9	12	11	8	9	3	7	66
5	10	13	10	11	13	9	5	10	81
6	6	9	8	9	7	6	7	7	59
7	9	9	12	8	10	5	6	5	64
8	8	10	7	10	9	6	6	10	66
9	9	12	11	9	8	8	4	11	72
10	9	9	7	9	10	9	5	10	68
11	6	7	3	7	7	6	5	6	47
12	5	8	5	8	8	3	4	9	50
Average	7.5	9.666667	7.916667	9.25	8.666667	6.583333	5.416667	7.916667	62.91667

### **Spring 2022**

Student	Hum Dev	Soc Cul	Helping Relationships	Group	Career	Appraisal	Research	Ethics	Total
1	5	12	8	8	10	6	3	10	62
2	11	12	9	11	11	9	8	12	83
3	8	9	7	5	6	7	3	6	51
4	7	9	5	12	5	4	6	5	53
5	6	10	10	7	7	5	5	8	58
6	12	14	12	12	10	7	3	9	79
Average	8.166667	11	8.5	9.166667	8.166667	6.333333	4.666667	8.333333	64.33333



## Summer 2022

Student	Hum Dev	Soc Cul	Helping Relationships	Group	Career	Appraisal	Research	Ethics	Total
1	8	13	10	9	5	5	6	6	
2	7	13	9	7	5	6	5	8	
3	12	12	11	11	8	12	10	12	
4	12	7	6	7	6	9	10	5	
5	1	11	4	7	8	4	5	4	
6	4	9	9	7	9	7	2	9	
7	10	11	7	11	10	5	8	9	
8	11	12	14	13	14	10	10	10	
9	8	10	8	7	4	5	3	9	
10	6	5	5	8	5	7	4	9	
11	8	9	10	9	14	9	7	11	
	7.909091	10.18182	8.454545	8.727273	8	7.181818	6.363636	8.363636	

**Course Evaluations** are conducted at the end of each semester for every course. Students have an opportunity to evaluate both the course and the instructor by utilizing an online evaluation. This evaluation uses a 5-point Likert scale. Students also have an opportunity to write comments and suggestions about the course and the instructor. This information is used to evaluate the courses and to help determine if revisions are needed.

The courses reflecting the eight common core areas in counseling are

COUN 5023 Counseling Skills and Techniques

COUN 5033 Ethical, Legal, and Professional Standards

COUN 5223 Career Counseling and Lifestyle Development

COUN 5073 Lifespan Human Development

COUN 5053 Research Methods

COUN 5093 Counseling Diverse Populations

COUN 5203 Group Counseling

COUN 5133 Psychological Testing

The results of the evaluations are as follows:

COUN 5023 Counseling Skills and Techniques: **4.8**. The comments from students addressed the value of the role plays and liked the specific feedback provided from the instructor. Students like the exposure to the mental status exam and clinical interview.

COUN 5033 Ethics: **5.0** The primary comment was the value of the conference calls and videos from the instructor. Students stated they have a greater appreciation and understanding of ethics, ethical codes, and advocacy.

COUN 5053 Research Methods: **4.7** Students state the course is difficult, but they have a better understanding of APA and writing a research paper.

COUN 5073 Lifespan Human Development: **3.9** New faculty member teaching this course. Some students struggled with the professor's teaching style and expectations.

COUN 5093 Counseling Diverse Populations: **4.3** Student feedback was they wanted more feedback on written assignments.

COUN 5133 Psychological Testing: **4.8** Student feedback was that they learned how to score and interpret instruments. They also mentioned the benefit of having class conference calls throughout the semester. Further developed clinical interviewing skills.

COUN 5203 Group Counseling: **4.9** Students stated that the professor was engaging, easily available to answer questions, left the course with a new appreciation of group counseling.

COUN 5223 Lifestyle Career Development: **5.0** Student feedback stated that the professor was engaging, submitted grades in a timely manner, and would like more feedback on the assignments.

**Student Remediation** is a means of helping students improve in specific areas of academics, clinical skills, and professionalism. For this academic year, remediation plans were created for five graduate counseling students related to either academics or professional development.